

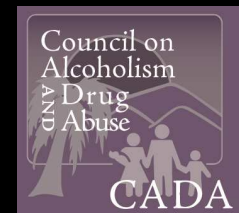
Fighting Back **Youth Service Specialist (YSS) Program**

Santa Barbara School District 2012-2013

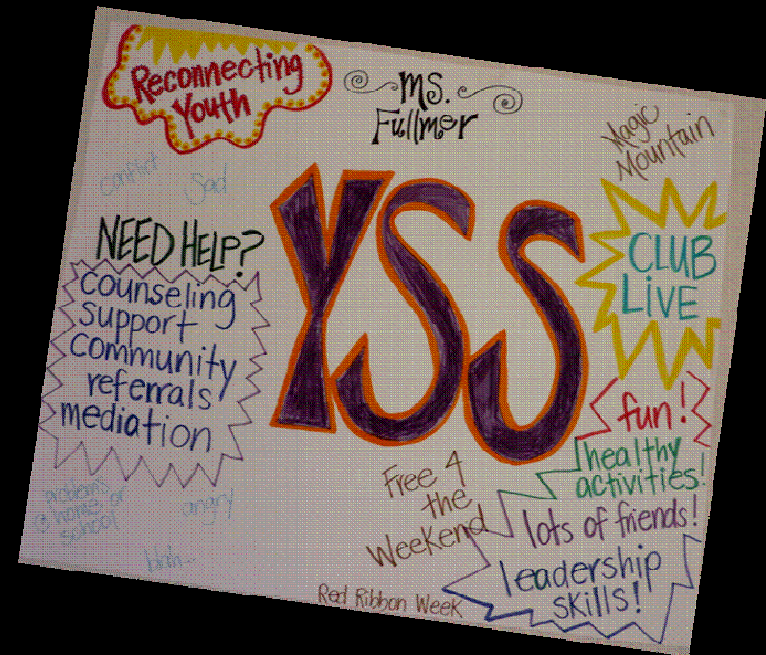


Council on Alcoholism and Drug Abuse

Presented by Selena Rockwell
Y.S.S. Coordinator



YSS Main Program Components



- Individual Counseling, Assistance, and Referral
- Reconnecting Youth Classes
- Club Live/Friday Night Live Leadership
- School-Wide Prevention Campaigns
- SUPER (Substance Use Prevention Education Resource)

Individual Assistance & Counseling Services

More than 700 unique students have benefitted from more than 3000 individual counseling services.

(59% female, 71% Latino, 24% Anglo)

Students self-refer 31% of the time

Services include individual assistance, therapeutic counseling, client advocacy, crisis intervention, and restorative mediations.



Reconnecting Youth (RY)

192 students participated in daily RY classes.

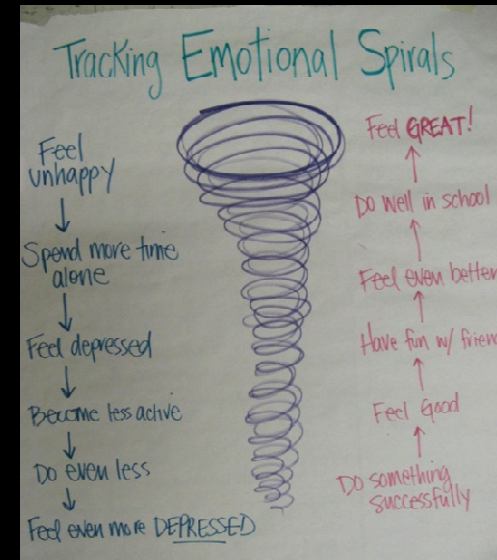
RY is an Evidence-Based Program

Main Goal Areas of RY:

- Drug and Alcohol Control
- Mood Management
- Academic Achievement

Curriculum Units:

- Self-Esteem
- Decision-Making
- Personal Control
- Interpersonal Communication



RY School and Community Bonding



Reconnecting Youth

“Reconnecting Youth is my second family. It makes me feel confident knowing I have someone to support me. I'm accepted. I'm worth it. I have a life to live.”

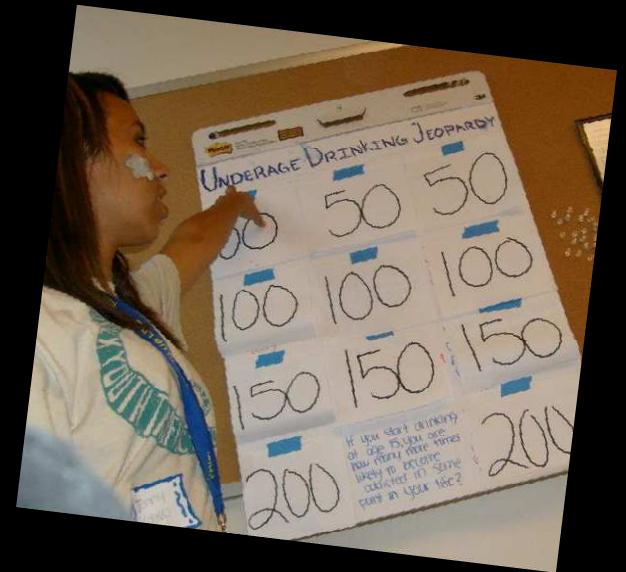
“RY should be at every school because as a teenager we make bad decisions and RY is a safe place to change for the better.”

Club Live/Friday Night Live Leadership

Over 150 teens experienced meaningful participation with caring adult role models in club meetings and leadership meetings.

Over 100 club meetings and activities provided safe, healthy, and supportive opportunities.

Students developed leadership skills by leading trainings and campaigns



Opportunities for Engagement

YSS and student leaders engage thousands of students through school wide campaigns.



Outcomes for FNL/CL

- 95% of participants reported that being involved in the program helped them feel more **excited about and committed to school.**
- 86% of participants reported having **“strong” opportunities for community involvement**
- 95% of participants stated that they being involved in the program helps them **decide to do other things than ATOD**

S.U.P.E.R.

Substance Use Prevention Education Resource



- YSS facilitate this 4 session evening series which brings parents and teens together to develop ***positive family relationships, improve communication, and address substance use issues.***
- The series focuses on increasing parental involvement with their children, building teen self-esteem, and improving family communication skills. They also include discussions about the legal, psychological, and physical aspects of substance abuse.
- YSS have offered 12 SUPER series for 96 families

Thank You for your Partnership and
Continued Support of the YSS Program!

www.cadasb.org

